



# Info sheet for professionals: MDR TB and migration from high-incidence countries

Many people are currently arriving in Switzerland from Ukraine and Russia. Both countries are considered high-incidence countries with regard to multidrug-resistant tuberculosis (MDR-TB) and have experienced considerable restrictions in healthcare in recent years – including as a result of the COVID-19 pandemic. Newly arrived persons can spend the first 90 days in Switzerland as a tourist and register for [protection status S](#). This means that, in many cases, they are not integrated into the standardised asylum process via the federal government, which would provide for initial medical information within the first three days. Instead, they are assigned directly to a canton. Many of them

are staying with families, friends or acquaintances and will thus have no compulsory contact with healthcare professionals in the period ahead. In order to prevent the spread of MDR-TB and pulmonary tuberculosis in general in Switzerland, and to ensure optimal healthcare provision, you as a professional can do the following:

## 1. Think TB!

This means generally considering the possibility of tuberculosis in case of symptoms such as cough, fever or sputum. Make your colleagues aware of the issue and the current situation. Our flyer [“Think TB”](#) can help with this.

## 2. Upon first medical contact with a person from a high-incidence country

Take a thorough medical history and use the free online test “tb-screen” to obtain a risk assessment for pulmonary tuberculosis: [www.tb-screen.ch](http://www.tb-screen.ch). Please act respectfully when dealing with the affected persons to avoid stigmatisation.

## 3. Upon first medical contact with a child under 12 years of age from a high-incidence country

Children under 12 years of age have a much higher risk of developing tuberculosis. Proceed according to the adapted [PIGS](#) guidelines and the migration reference group of [pädiatrie schweiz](#).

## 4. If tuberculosis is suspected

Wear an FFP2 mask when dealing with the affected persons until tuberculosis has been ruled out and follow the general isolation instructions of your institution.

## 5. For questions about suspected or confirmed tuberculosis

Call the Tuberculosis Competence Centre hotline for free, expert support: **0800 388 388**

### TB and MDR-TB in Ukraine – Facts and figures (2020)<sup>1</sup>

TB incidence: 32,000 or 73/100,000 inhabitants  
(CH: 400 or 4.7/100,000)

HIV-positive TB incidence: 7,000 or 16/100,000 inhabitants  
(CH: 18 or 0.21/100,000)

Laboratory-confirmed MDR-RR-TB cases: 4,300 = 13 % (CH: 5 = 1.3 %)

Laboratory-confirmed pre-XDR/XDR-TB cases: 1,200 = 3.8 %  
(CH: 1 = 0.3 %)

<sup>1</sup> WHO Global TB report 2021 app: data for Ukraine



### 6. If tuberculosis is confirmed

A case of tuberculosis must be reported to the relevant cantonal medical office. You can find the form for this [here](#). The cantonal medical office decides whether an environmental investigation should be initiated and notifies the cantonal TB office (for contacts see page 3). Details on further procedures and responsibilities can be found in the [TB handbook](#).

### 7. If MDR-TB is confirmed

Call the hotline for information on therapy options and/or register at [tinfo@lung.ch](mailto:tinfo@lung.ch) for access to the online forum, where you can discuss the treatment of an MDR-TB case anonymously with other professionals.

### Information material

Further information and all forms and publications on the subject of tuberculosis can be found in the online competence centre: [www.tinfo.ch](http://www.tinfo.ch)

### FAQs

for those affected can be found here in Ukrainian, Russian and other languages: <https://www.tinfo.ch/wissenszentrum/publikationen/faktenblaetter-tuberkulose.html>



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## Tuberculosis Offices

### Aargau/Basel-Land

Lungenliga Aargau  
Tel. 062 832 49 30  
[tuberkulose@llag.ch](mailto:tuberkulose@llag.ch)  
[www.lungenliga-ag.ch](http://www.lungenliga-ag.ch)

### Basel Stadt

Kantonsärztlicher Dienst  
Tel. 061 267 95 26  
[gsd@bs.ch](mailto:gsd@bs.ch)  
[www.gesundheitsdienste.bs.ch](http://www.gesundheitsdienste.bs.ch)

### Bern

Tuberkulose-Beratung  
Universitätsklinik für Infektiologie  
Inselspital  
Tel. 031 632 60 69  
[tb.info@insel.ch](mailto:tb.info@insel.ch)  
[www.infektiologie.insel.ch](http://www.infektiologie.insel.ch)

### Fribourg

Ligue pulmonaire fribourgeoise  
Tel. 026 426 02 70  
[info@liguepulmonaire-fr.ch](mailto:info@liguepulmonaire-fr.ch)  
[www.liguepulmonaire-fr.ch](http://www.liguepulmonaire-fr.ch)

### Genève

Centre antituberculeux, HUG  
Tel. 022 372 95 44  
[cat.infirmieres@hcuge.ch](mailto:cat.infirmieres@hcuge.ch)  
[www.hug-ge.ch/pneumologie/tuberculose](http://www.hug-ge.ch/pneumologie/tuberculose)

### Glarus

Lungenliga Glarus  
Tel. 055 640 50 15  
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### Graubünden

Lungenliga Graubünden  
Tel. 081 354 91 00  
[info@llgr.ch](mailto:info@llgr.ch)  
[www.llgr.ch](http://www.llgr.ch)

### Jura

Ligue pulmonaire jurassienne  
Tel. 032 422 20 12  
[tuberculose@liguepj.ch](mailto:tuberculose@liguepj.ch)  
[www.liguepulmonaire.ch](http://www.liguepulmonaire.ch)

### Luzern/Nidwalden/Obwalden/ Schwyz/Zug

Lungenliga Zentralschweiz  
Tel. 041 429 31 10  
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### Neuchâtel

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### St. Gallen-Appenzell

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### Schaffhausen

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### Solothurn

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### Thurgau

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Tel. 071 626 98 98  
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### Ticino

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Tel. 091 825 60 25  
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### Uri

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Tel. 041 870 15 72  
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### Valais

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### Vaud

Ligue pulmonaire vaudoise  
Tel. 021 623 38 00  
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### Zürich

Verein Lunge Zürich  
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